

AMAZING WOMAN  
**DIVINE**  
LEGACY



*A NEW ERA*

Join the millions of women who are liberating the wealth of feminine prosperity to reshape their work, relationships, wellness and ultimately the world.

Marsh Engle

# Contents

Dedication .....	ix
Preface.....	xiii
The Peacock.....	xvii
A New Era.....	xi
Introduction.....	xxi
The Sacred Agreements .....	xxxv

## Featured Authors:

Niloo Golshan —	
Walking the Path of the Divine Feminine.....	1
Melissa Belongea —	
Regenerative Relationships will Heal the Earth.....	17
Gina Shansey-Marder —	
Adventures in Forgiveness .....	31
CeCe Sanchez —	
Activate Your Inner Artist of Alchemy, the Creative Heart of Your Most Authentic Self .....	47
Becky Norwood —	
Let Your Soul Shine.....	65
Rocio Ortiz Luevano —	
The Awakening of Divine Grace.....	81
Sandra Girouard —	
The Courage to Embrace All of Me.....	99
Conni Ponturo —	
The Wave of the New Self-Healer.....	117

## Divine Insights

Roby Lynn Chevance .....	133
Carol Patricia Koppelman .....	137

Debra Shoultz Bettendorf.....	139
Diane Sova.....	143
Donata De Luca.....	147
Dorothy Inez Deltufo.....	151
Ella Nebeker.....	155
Emily Katz.....	159
Lynn Raynr.....	163
Stephanie Graziano.....	167
Activate Your Feminine Prosperity.....	171
Feminine Prosperity Statements.....	173
I Embrace Feminine Prosperity Statement.....	176
Journal Pages.....	178–187
About Amazing Woman Nation.....	188
Acknowledgements.....	191
About Marsh Engle.....	193
21-Day Spiritual Writing Practice.....	195
Books by Marsh Engle.....	197

## Divine Insight

*When we are authentic in who we are,  
we cannot help but illuminate ourselves from the inside out.  
So, allow yourself to show that glory to the world.  
Because when you do you are more than simply visible,  
you are radiant!*

### Emily Katz

*Why do we find it difficult to embrace our own beauty?*

*When someone compliments you, do you immediately think... oh, it's this dress, or maybe my lipstick? Never imagining, I AM SHINING.*

*Dismissing a compliment is to deny a part of ourselves.*

*Most of my life's work has been devoted to enhancing the natural beauty of people who are starring in television and film. While the work I do appears to focus on the outer realm... makeup, beauty, wardrobe, personal image... there is another aspect of my work that's too often overlooked... connecting people with their inner-beauty...enhancing their true essence...capturing their inner radiance... embracing their one-of-a-kind beauty.*

*When we are authentic in who we are.  
We cannot help but illuminate ourselves from the inside out.  
To me, this is the definition of true beauty.*

At a certain point, I recognized the bloom of youth begins to fade. Sadly, and too often, we begin to become invisible to much of the world. Predominant in the Western Society, younger appears better... translating into an aberration of “we need to appear young no matter our age.”

I began to ask myself:

*How can I not only help myself but serve others to recognize their inherent value and the magnificence of their beingness in a genuine, authentic way?*

*It became my goal to support women in doing so. Putting to use the deep skillset I've gained with makeup, beauty, and image I found this is where I can serve in the most meaningful way. It became my mission to move women to embrace who they are at any age.*

*It's crucial to stay relevant and modern to successfully interface today's world.*

*Embrace WHO YOU KNOW YOU ARE  
and stand in your inner beauty.*

*We are all worth seeing and have so much to contribute.*

Doing the work and diving deep into my own inner consciousness has been instrumental in recognizing my own worth and value as a person. By effect, this translated into the compassionate awareness of another and recognition of their beauty.

What I found is that when we release the against-ness we hold within ourselves ... when we let go of the stories and limiting beliefs that hold us captive... we free up so much energy. As that energy releases, our acceptance of ourselves with all our beauty and flaws allows us to embrace others on their journey.

*We all tell ourselves stories.*

*Some of those stories are embraced as our truths.  
Digging down to the reality of who we truly are...  
beyond the beliefs and the stories...  
takes courage, and a lot of work.*

I am still a work in progress. Allowing myself the space for a joyful discovery. Stepping beyond the negative self-talk filled with opinion takes reflective work.

*How do we find the path through all that?*

It takes patience, gentle self-care, self-love. Meditating has become my haven of transformation at a core level ... a transformation that now allows me to express and see the truth of my own inner beauty, embrace it, and shine forth in magnificence while supporting others to do the same.

One of my favorite quotes is from the Dalai Lama:

*“Be Kind Whenever possible. It is always possible.”  
Let go of the judgment and begin to be kind, truly kind to yourself.  
And remember, as the Dalai Lama says: It’s always possible.*

## **FEMININE PROSPERITY PRACTICE**

It’s surprising how powerful your morning routine can be.

Try this: As you dress and apply your make-up speak affirmative words.

*I embrace my inner beauty and allow it to shine forth.*

*I make a difference in the world.*

*I am a beautiful soul expressing my inner beauty to the world.*

*I stand in my inner-beauty.*

*I am worthy of being seen and have so much to contribute.*

Select and repeat whatever words speak to you.

Use the words to affirm a message you find is true for you.

Notice the radiant different bringing affirmations to your morning routine can make.

## About Emily Katz

*“It’s through an amalgam of experiences that I truly see the beauty in everyone. I’m able to support women to stand in the glory of who they truly are as a magnificent soul.”*



As an Award-Winning Make-Up Artist/ Image Design, Emily Katz is dedicated to serving and supporting women to solidly stand in their beauty, wisdom, talent, and power of knowing who she is, always investigating how to approach life.

Elle Magazine named Emily Katz awarding her their prestigious “Beauty Genius” Award, calling her a Force of Nature. She has worked on critically acclaimed shows such as LOST and 24. Emily works with leading ladies like Sharon Stone, Minnie Driver, Evangeline Lilly, Andie MacDowell, and high-profile actors like Robert Redford, Martin Sheen, Bradley Cooper, Charleton Heston, and James Coburn to name just some of her roster.

For more information about Emily Katz and her work visit:  
<https://ektruth.com>